## From the General Manager



Welcome to Joint Base Elmendorf-Richardson (JBER)! On behalf of the 673d Wing Commander, 673d Mission Support Group Commander, 673d Force Support Squadron Commander and all lodging staff, we welcome you. We hope your visit to Alaska will be memorable.

This guide has been prepared to acquaint you with our policies and available services. We have tried to put together a comprehensive book that includes basic information for travelers and newcomers alike. During your stay take time to see the sights, visit some of the establishments listed and above all else, enjoy yourself.

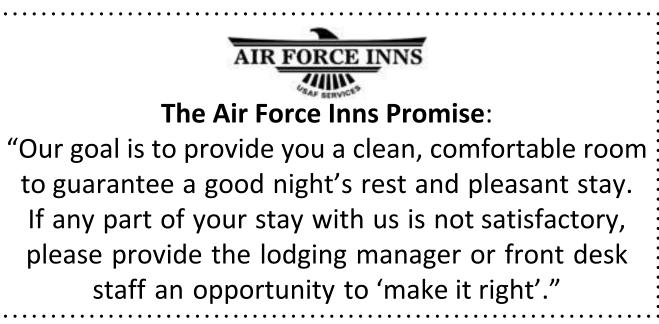
We realize that guests may have needs we cannot anticipate and hope that you will bring them to our attention. The staff and base engineers try to maintain the highest standards in all temporary lodging facilities; however, occasionally a switch may break or a faucet may leak. Should you have any problems or need information other than what is provided, please contact our front desk.

The management and staff appreciate customers' comments. Please take the time to complete the Customer Satisfaction Survey provided in your room and at the front desk., or on-line at https://ice.disa.mil/index.cfm?fa=card&sp=83015&s=982. We would like to know how to improve our customer service and provide guest with the best accommodations possible.

Once again, welcome to JBER and Alaska. Have a pleasant stay!

## North Star Inn

Welcome to JBER's lodging, North Star Inn, an Air Force Inn! We hope that your stay is a comfortable one. Please do not hesitate to let us know if there is anything we can do to keep our *Air Force Inns* promise to you.



#### Amenities

For your convenience, items such as shampoo/conditioner, lotion and soap are provided upon check-in. Hot beverage supplies are restocked daily. Should you require more, please contact the front desk or housekeeping.

### ATMs/Check Cashing

ATM machines are located in the main lobby, AAFES Express/Class Six, Polar Bowl, Iditarod Dining Facility, the Joint Military Mall, Global Federal Credit Union, and First National Bank. Checks may be cashed at the Joint Military Mall, Global Federal Credit Union, and First National Bank.

#### **Business Centers**

JBER Elmendorf — Lobby, Bldg 7153, Room A106 Access is available 24 hours a day with your room key. Services offered: - Computers with internet access -Wireless internet connectivity -Copy machine -Printer

To receive official faxes please use: JBER-Elmendorf (907) 552-8276

### Check-In

Check-in begins at 2 p.m., and continues as rooms become available. If you need access to your room prior to this time please contact the front desk in advance to arrange.

### **Check Out**

Check out time is 11 a.m., grace period can be provide until noon upon request.

### **Fitness Room**

JBER-E, the guest fitness room is located on the 3rd floor of the main building, 7153 Fighter Drive.

### Housekeeping services

Housekeeping will service your room everyday. If your "Do Not Disturb" sign is hung on your door, no one will enter the room unless it is an emergency or housekeeping will enter on the third day of the sign being on your door. Rooms indicating "Do Not Disturb" signs after 1100 will not be serviced that day. Rooms with pets will be entered daily. Linens are changed between guests and once a week.

The following will be completed	The following will be completed every 7 days
daily (Light Service):	(Extended Stay):
Bed making	Changing linens once a week
Replacing towels on floor	Replacing towels
Floors cleaned and vacuumed	Vacuuming/mopping
Emptying trash	Emptying trash
Wipe down bathroom	Cleaning bathroom/replace shower
Wipe down microwave/coffee pot	curtain Light dusting
Re-stock coffee amenities	Wipe down microwave/coffee pot

Please ensure your room is neat and orderly and that your personal items are secured. Lodging staff are instructed to refrain from moving any personal items. This may inhibit their ability to properly clean your quarters.

### **Ice Machines**

Bldg 7148—located on the 1st floor in the laundry room. Bldg 7153—located on the 1st floor in the hallway—2nd and 3rd floors in the laundry rooms. Bldg 7179—located on each floor in the laundry rooms. Bldg 8378—located on 2nd floor in the laundry room. Kuter Ct TLFs—use the ice trays provided in the freezer in kitchen. Sarnoski Ct TLFs—use the ice trays provided in the freezer in the kitchen. Bldg 1107—located on the 1st floor next to the laundry room.

### Laundry Facilities

Guests may use all lodging laundry facilities free of charge, soap and dryer sheets available for purchase.

JBER-E Matanuska & Denali Halls - located on your floor.

JBER-E Akutan Hall - located on the 2nd floor.

TLF laundry facilities are located in Building 8371, or in your unit.

JBER-R Bldg 1107- located on the first floor of your building.

Dry Cleaners located at the AAFES Express, 3829 Westover Ave.

### Lost a nd Found

Please contact the front desk if you have misplaced an item. Shipping charges will be applied to the card on file for any items returned via USPS unless another form of payment is given.

#### Mail

We do not accept USPS mail of any kind at Lodging. Special consideration is given for UPS and FEDEX packages if the front desk is informed in advance.

If you do need something mailed to you, use the following General Delivery address:

NAME	Commercial Post Office: (907) 753-9089
10437 Lindbergh St.	JBER Elmendorf — 10437 Kuter Avenue
General Deliver (hold)	Commercial Post Office: (907) 428–3869
mail JBER, AK 99506	JBER Richardson — 724 Quartermaster
	Rd.

#### **Maintenance**

Please contact the front desk or complete the maintenance form provided in your room.

### **Occupant responsibilities**

Please understand that guests are responsible for their conduct and the conduct of their guests while in government lodging. According to Air Force Manual 34-135, guests shall:

- $\Rightarrow$  Observe quiet hours from 2200-0600.
- ⇒ All Air Force lodging common areas and guest rooms, including TLF units, are nosmoking areas. Guests may be charged up to \$150.00 fee for smoking indoors in lodging facilities.
- $\Rightarrow$  Conserve utilities, and comply with fire, health, and safety regulations.
- ⇒ Reimburse lodging for damage beyond fair wear and tear, and missing government property caused by abuse or negligence on their part or by their guests.
- ⇒ Obtain appropriate care for their pets. Pets are only authorized in the Pet TLF units. A brief list of local kennels can be found further in this document or at the front desk

### Parking

Parking is conveniently located either immediately surrounding your building or directly adjacent to it. Please lock your vehicle as we cannot be responsible for items left in it.

#### Pets

North Star Inn has limited pet units available by reservation only, at an additional \$10 per night charge. Guests are reminded to clean up after their pets. Unregistered animals are not allowed inside lodging properties. Any animal found tied outside or left unattended in a vehicle will be reported to Security Forces for removal. Guests may be charged up to a \$150.00 fee for having an unregistered pet in lodging, or for damages caused by registered pets. Do Not Disturb signs will not be honored in pet units after 1100 as we are required to enter pet units daily per AFMAN 34-135 3.18

## **Local Kennels**

	Miles From Main Lodging:
Alaska Pet Boarding & Daycare	3.1
(Dogs, Cats, Birds, Ferrets)	
907-868-7387	
1614 N. Post Rd Unit C, Anchorage	
PetSmart Pet Boarding & Daycare	4.7
(Dogs & Cats)	
907-333-7387	
1200 N. Muldoon Rd, Anchorage	
VCA Animal Hospital	6.3
(Any Pet)	
907-562-7387	
3900 Lake Otis Pkwy, Anchorage	
VCA East Anchorage Animal Hospital	6.3
907-337-1561	
2639 Boniface Pkwy, Anchorage	
Animal Daycare & Boarding	6.4
(Dogs)	
907-338-7777	
5716 Kennyhill Dr, Anchorage	
Chester Valley Vet Clinic	6.9
Any Pet	
907-333-6591	
1571 Muldoon Rd, Anchorage	
AK Must Love Dogs	8.9
907-336-3647	
6614 Lake Otis Pkwy, Anchorage	
Home Away From Home	14.6
(Dogs & Cats)	
907-622-5946	
16444 Brooks Loop, Eagle River	
This is not a complete kennel list.	
<b>***LISTING DOES NOT IMPLY ENDORSEMEN</b>	T***

#### **Smoking Areas**

Smoking areas have been designated for your use. Smoking is prohibited within 50 feet of government facilities. Littering will not be tolerated. Designated areas are distinguished by the placement of a butt receptacle and seating or shelter. Smoking areas will remain accessible year-round.

Bldg 7148 – Fifty feet out from east end building exit facing East (1)
Bldg 7153 – Fifty feet out from back West and East wing exits facing North (2)
Bldg 7179 – Fifty feet out from West and East wing exits facing North (2)
Bldg 8378 – Fifty feet out from front and rear exits (2)
Bldgs 7482-7496 (Sarnoski Ct TLF) – At both East and West ends of complex parking lot (2)
Bldgs 8371-8377 & 7371-7375 (Kuter Ct TLF) – Two locations near center of complex parking lot (2)

**Bldg 1107** – Adjacent to dumpster located to North of building (1)

#### **Sundry Sales**

If your room has been pre-stocked, please leave payment in the envelope provided. Sundry items are available at Building 7153 Front Desk. You must be 21 to purchase alcohol.

#### Wake up service

You may set a wake up call from the phone in your room. To "SET" a wake up call: Dial 73197, press 1. Follow voice prompts To "CANCEL" a wake up call: Dial 73197, press 2. Follow voice prompts

## JBER-ELMENDORF/RICHARDSON EMERGENCY INFORMATION

### In case of an emergency dial 9-1-1

### FIRE

JBER-Elmendorf-Richardson ......(907)552-2802

### POLICE

JBER-Elmendorf Security Forces	.(907)552-3421
8517 20th St. —Located in the People Center on the corner of Rickenbacker Ave	e. and 20th St.

JBER-Richardson Military Police......(907) 384-0823 656 A St. —Located on the corner of 6th St. and A St.

Anchorage Police Dept.....(907) 786-8900

4501 Elmore Road. —Exit Boniface gate (Vandenburg Ave), continue south on Boniface Pkwy to Tudor Rd, turn right. Proceed to Elmore Rd, turn left.

### HOSPITALS

5955 Zeamer Ave.—Take Vandenburg Ave. to Provider Dr. towards the Muldoon Gate, turn left on Zeamer Ave.

### Providence Alaska Medical Center ......(907) 562-2211

3200 Providence Dr.—Exit Boniface gate (Vandenburg Ave), continue south on Boniface Pkwy to Northern Lights Ave, turn right. At UAA drive, turn left. Proceed to Providence Dr. and turn left.

### Alaska Regional Hospital ......(907) 276-1131

2801 DeBarr Road—Exit Boniface gate (Vandenburg Ave), continue south on Boniface Pkwy to DeBarr Rd, turn right, proceed west, it will be on the right hand side at Airport Heights Dr. and DeBarr Rd.

### Alaska Native Medical Center .....(907) 563-2662

4315 Diplomacy Dr.—Exit Boniface gate (Vandenburg Ave), continue south on Boniface Pkwy to Tudor Rd, turn right, proceed west, it will be on the right hand side.

### TROOP MEDICAL CLINIC......(907) 384-0600

JBER-Richardson 604 Richardson Dr.

Medical clinic provides primary care to active duty personnel.

### Safety

#### EARTHQUAKE SAFETY

Alaska sits on the edge of one of the earth's most active plates, the Pacific Rim. Because of this location, Alaska is subject to frequent earthquakes, though most are too small to feel. If, during your stay, you do experience a larger than normal earthquake please do not panic.

During a major earthquake, you may experience a shaking that starts out to be gentle and progressively grows more violent and knocks you off your feet.

OR

You may be jarred by a sudden, violent jolt. A second or two later you may feel continued shaking, and you may find it very difficult to move from one room to another.

#### **HOW TO RIDE OUT THE EARTHQUAKE:**

- 1. If you are indoors, stay there. Get under a desk or a table. Stay clear of windows, bookcases, china cabinets, mirrors and fireplaces until the shaking stops.
- 2. If you happen to be in the kitchen, turn off the stove at the first sign of shaking and quickly take cover under a counter or a table.
- 3. If you are outdoors, get into an open area away from buildings, trees, walls and power lines.
- 4. If you are outdoors, get into an open area away from buildings, trees, walls and power lines.
- 5. If you are in your car, pull to the side of the road and stop the car. Do not park under overpasses or power lines. Stay in your car until the quake is over.

#### WHEN THE GROUND STOPS SHAKING:

- 1. Check for injuries and administer first aid as needed or as you are capable.
- 2. Do not use the telephone unless it is for a severe injury.
- 3. Wear shoes in areas near fallen debris and broken glass.
- 4. Check closets and cupboards. Open doors cautiously and beware of items tumbling off shelves
- 5. Do not use your vehicle, unless there is an emergency. You will only hamper relief efforts.
- 6. Keep streets clear for the passage of emergency vehicles BE PREPARED FOR AFTERSHOCKS. These are usually smaller than the main quake, but some may be large enough to do additional damage.

Earthquakes are seldom the actual cause of death or injury. Most casualties result from partial building collapse, falling objects and debris. Following these instructions will greatly increase your survivability.

## Safety

#### **Fire Precautions**

To ensure your safety and the safety of others, please abide by the following fire prevention tips:

- ⇒ Smoking is prohibited in all lodging facilities. Please use the designated areas outside of the building and dispose of your trash properly.
- ⇒ Do not store highly flammable products in your room or within 15 ft of your building.
- ⇒ Use of any heating/cooking devices other than those provided in your room are not authorized.
- $\Rightarrow$  Do not use charcoal grills within 15 feet of any building.
- ⇒ Do not place appliances such as irons, coffee pots, etc. in lockers, drawers or on beds.
- ⇒ Please avoid overloading electrical circuits. Use of multi-plug devices is prohibited.
- ⇒ Do not leave cooking equipment unattended if you stay in lodging with a kitchen.
- $\Rightarrow$  Burning of candles and incense is unauthorized.

#### Weapons

 $\Rightarrow$  Weapons are not authorized in Lodging.

#### \*\*\*PLEASE FOLLOW GOOD HOUSEKEEPING PRACTICES\*\*\*

## Safety

### **Evacuation Procedures**

In the unlikely event that you are required to evacuate the facility, please proceed calmly to the designated meeting point. A lodging representative will respond to the area, take accountability and provide further instructions. Until a representative arrives, the senior ranking member will take charge to ensure everyone's safety.

#### North Star Inn Meeting Points

Bldg. 7148 Chapel parking lot on the south side of Fighter Drive
Bldg. 7153 Chapel parking lot on the south side of Fighter Drive
Bldg. 7179 Bowling Center parking lot
Bldg. 8378 Parking lot at Arctic Warrior Events Center
Bldgs. 7474-7498 Field between Burger King and TLF units
Bldgs. 7381-8377 Center of the quad

#### **Shelter in Place**

- 1. Stay inside if in your room
- 2. Go into the nearest facility if outside
- 3. Immediately close all windows and entry/room door(s)
- 4. Turn off all fans
- 5. Place a wet towel under the guest room entry door(s)
- 6. Await further instructions
- 7. Please limit phone calls to allow for emergency communications

## NORTH STAR INN TELEPHONE INSTRUCTIONS

### To Dial:

Front Desk	0
Room to Room	Four Digit room number
Base Operator	97 + 0
On Base Duty Numbers	
On Base Commercial Numbers Local Numbers.	-
Domestic Long Distance	99 + 1 + area code + seven digit number
<pre>**billed to room (\$.10 per minute)</pre>	
International Long Distance	99 + 011 + country code + seven digit
number	
** billed to room (rate available at front desk*	**
Toll Free Numbers (no charge)	99 + 1 + 8xx number
Conus	97 + 312 + seven digit number
Caribbean	.97 + 313 + seven digit number
Europe	
Pacific	-
Alaska	
Persian Gulf	.97 + 318 + seven digit number

### To Receive Phone Calls:

Commercial	907-552-2454
DSN	
*At the v	voice prompt the caller will enter the four digit room number of the guest
they are	trying to reach and press #.

### Message Retrieval:

Dial 6000 and follow the voice prompts.

### \*Please do not unplug the phone cable\*

# JBER—ELMENDORF FREQUENTLY CALLED NUMBERS

Arctic Warrior Event Center	552-2345
Base Operations (Base Ops)	
Base Operator	552-1110
Chapel Center	552-4422
Command Post	552-3000
Dining Facility	552-3114
Finance (Military Pay)	552-7933
First Term Airmen's Center (FTAC)	552-1366
Elmendorf Fitness Center	552-3624
Hillberg Ski Area	552-4838
Hospital	580-2778
Housing	753-1023
Law Enforcement (Security Police)	552-3421
Legal	552-3046
Main Gate (Boniface Gate)	552-5665
Military Family Readiness & Support Center	552-4943
Outdoor Recreation	552-2022
Passenger Terminal (MAC Terminal)	552-3781
Polar Bowl (Bowling Center)	753-7467
Post Office	753-9089
Traffic Management Office (TMO Inbound)	552-2127
Traffic Management Office (TMO Outbound)	552-1497
Transportation (Crew Bus)	552-4475

# JBER—RICHARDSON FREQUENTLY CALLED NUMBERS

Base Operator	
Arctic Warrior Chapel	552-5762
Command Post	384-6666
Wilderness Inn Dining Facility	384-6048
Finance (Military Pay)	
Buckner Fitness Center	384-1369
Hillberg Ski Area	552-4838
Hospital	580-2778
Aurora Housing	753-1023
In / Out Processing	384-7406
Law Enforcement (Military Police)	
Legal	384-0371
Library	384-1640
Richardson Gate	
Military Family Readiness & Support Center	
Outdoor Recreation	552-2022
Polar Bowl (Bowling Center)	753-7467
Post Office	428-3869
SATO Travel	428-1224
Troop Clinic	384-0600
Veterinary Services	384-2865



The 673 FSS MWR has a variety of facilities on the installation to keep you entertained. To stay up-to-date on events, check out the monthly publication of JBER Life! or visit JBERLife.com.

Hillberg Ski Area 552.4838 Bldg. 23400

Nestled on the backside of JBER is Hillberg Ski Area. It operates from November to March (weather permitting) with downhill skiing and snowboarding, tubing, and special dog sled weekends. Hillberg has a lesson center for all ages and levels, plus rental equipment. Keep an eye out for Winter Fest, held annually to kick off the winter in style!





Pol ar Bowl 753.7467

**Bldg.** 7176

A full size bowling center located across from the main lodging building on Fighter Dr, Polar Bowl not only has great lanes but an arcade and food service as well.

### **OTTER LAKE**

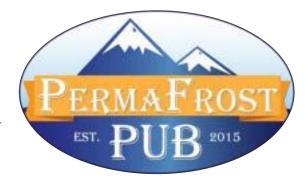
384.6245 Bldg. 65536

Looking for a stay-cation or a fun lake day? Otter Lake is the perfect getaway. Rent all the fun from overnight cabins or camping to kayaks and sailboats. And be sure to mark your calendar for the annual Otter Fest to kick of summer.

### <u>PermaFrost Pub</u>

384.7619 Bldg. 9387

Located in the lower level of the Arctic Warrior Event Center, the Pub brings a new light to Air Force tradition. PermaFrost is open of all branches, all ranks, and membership is not required although members receive special perks and free food at the fun First Friday parties.





### Moose Run Golf Course

428.0056 27000 Arctic Valley Rd.

Moose Run, 36-holes because one course is not enough! At MRGC, choose between two beautiful 18-hole courses, the Creek Course and the Hill Course. The spacious Club House can also be rented as event space.

### Outdoor Recreation

552.2023 **Bldg.** 7301

If you are looking for an adventure, ODR has you covered! ODR has a vast Outdoor Adventure Program offering a variety of trips and classes plus equipment rentals for those who want to explore on their own terms. #OptOutside



JBER Library

384.1648 Bldg. 7



You might think of old, worn books when you think of a library, but that is certainly not the case when it comes to the JBER Library! Not only do they offer an amazing selection of classics and new releases, the JBER Library is a staple of the community, hosting events like Paws to Read, Princess & Pirates, Comic Con, and a robust Summer Reading Program. Visit today to take advantage of all the great resources, including a kids area, quiet study rooms, testing materials, and a full computer lab.

#### Information, Tickets, & Travel 753.2378

Bldg. 9497



Entertainment near and far, JBER ITT will save you money on all your travel and leisure needs. From local favorites like Glacier Cruises and the Anchorage Trolley, to Disney and Universal Studios, stop into the ITT office, located inside the Arctic Oasis Community Center, to start planning your next adventure.

### POLAR EXPRESS ARTS & CRAFTS

384.3717 Bldg. 755

Polar Express has you covered for all your creative needs, from painting to pottery and framing to engraving. Sign up for one of the monthly classes or stop in for a pick & paint session, you'll leave feeling your creative itch scratched!



#### Youth Centers

2Rivers 384-1508 Bldg. 297 (JBER-R) Kennecott 552-2266 Bldg. 6104 (JBER-E)



The JBER Youth Centers provide a safe, fun, and engaging environment for ages 9-18. Youth Programs offer clubs, camps, sports, and trips for all interests.

### **Community Centers**

Arctic Oasis 552-8529 Bldg. 9497 Warrior Zone 384-9006

Bldg. 655

The Arctic Oasis features an indoor play ground, fitness equipment, black light mini golf, virtual reality, and so much more for all ages!

The Warrior Zone is an 18+ center with a computer lab, gaming systems, movie rooms, pool tables, and monthly tournaments.

### Fitness Centers

Elmendorf Fitness Center 552-5353 Bldg. 9510 Buckner Fitness Center 384-1308 Bldg. 690 Hangar 5 552-7561 7309 13th St

JBER has two state of the art fitness facilities to choose from and a crossfit gym (Hangar 5). Both gyms have a full compliment of free weights, cable weights, cardio machines, free group fitness classes, indoor tracks, function fitness spaces, open gym space, personal training options, dry saunas, steam rooms and swim lessons. The BFC houses two pools, the free Fitness Pool, and the fun family Polar Paradise Pool while the EFC has one fitness pool.

### **Other Base Attractions**

### **Chapel Services**

552-5762

384-1461

The chapel team offers a wide variety of services. They invite you to celebrate their diverse and exciting fellowship.

### **Heritage Park**

JBER Elmendorf - Found on Sijan Avenue, Heritage Park is dedicated to the men and women who served under the 3rd Wing. The YUKLA 27 Memorial stands in memory of the 24 American and Canadian crew members who died in the crash. A Wall of Heroes honors those members of the 3rd Wing who were either prisoners of war or missing in action. A new memorial has been dedicated to former Alaskan Command Commander, Lt Gen David McCloud for his laborious efforts to recover the historic P-38G Lightning from Attu Island and return it to Elmendorf for restoration.

### **Joint Military Mall**

753-4208

5800 Westover Avenue

The Joint Military Mall serves both sides of the JBER community. You will find the commissary, AAFES, clothing and sales, alterations, dry cleaning and a variety of shops and restaurants.

## Sexual Assault Prevention And Response Program

Trained and professional victim advocates stand ready to provide a helping hand through support, critical information, and referrals for services on JBER-Richardson and the local Anchorage community.

### JBER Elmendorf

Hotline: 907-551-7272 (SARC)

<u>Office</u>: 7153 Fighter Drive 907-551-2033 (SARC) 907-551-2035 (Assistant)

### JBER Richardson

Hotline: 907-384-7272 (SARC)

Office: 600 Richardson Drive 901-384-7272 (SARC) 901-384-1600(SARC)

## JBER On Base Dining

Iditarod Dining Facility & Flight Kitchen Bldg. 8088 552-3114

Paradise Café Bldg. 9497 (Arctic Oasis) 552-0917

Ten Pins Bldg. 7176 (Polar Bowl) 770-0374

Burger King Bldg. 1830 (JBER-E), 753-4486 Bldg. 123 (JBER-R), 428-2650

Wilderness Inn Bldg. 647 384-6048

Grizzly Grill 27000 Arctic Valley Rd (Moose Run Golf Course) 384-1780

Starbucks 2 Richardson Dr (JBER-R), 428-1173 AAFES Food Court

Subway Bldg. 560, 428-3190

Taco Bell Bldg. 560, 222-1955

# **Off Base Dining**

<u>Applebee's Neighborhood Grill &amp; Bar</u> 4331 Credit Union Drive 222-7753	Family-Themed
<u>Benihana</u> 's 1100 W. 8th Avenue 222-5212	Japanese
Ding How Restaurant 207 Muldoon Road 337-2116	Chinese
Gallo's 8311 Artic Blvd 344-6735	Mexican
Glacier Brewhouse 737 W. 5th Avenue 274-2739	Alaskan-Themed
Humpy's Great Alaskan Alehouse 610 W. 6th Avenue 276-2337	Alaskan-Themed
<u>Moose's Tooth</u> 3300 Old Seward Highway 258-4999	Pizza
<u>Outback Steakhouse</u> 101 W. 34th Avenue 562-8787	Steak

<u>Olive Garden</u> 1186 N. Muldoon 333-1300	Italian
<u>The Peanut Farm</u> 5227 Old Seward Highway 563-3283	Sports Bar & Grill
<u>Red Robin</u> 1190 N. Muldoon Road 276-7788	Family-Themed
<u>Ristorante Orso</u> 737 W. 5th Avenue 222-3232	Italian
<u>Romano's</u> 2415 C Street 276-0888	Italian
Bridge Seafood 221 W Ship Creek Ave 644-8300	Seafood
Simon & Seaforts 420 L Street 274-3502	Seafood
<u>T.G.I. Friday's</u> 190 W. Tudor Boulevard 563-8443	American
<u>Texas Roadhouse</u> 1154 N. Muldoon Road 333-8930	Family
<u>Twin Dragon Mongolian Barbeque</u> 612 E. 15th Avenue 276-7535	Chinese

## Anchorage, Alaska

Alaska's largest city offers much to see and do. Biking and hiking trails begin right in downtown. The zoo houses wildlife distinctive to Alaska and the scenery isn't bad either. Take the time to explore the endless variety of activities, events, and adventures waiting for you!

### TONY KNOWLES COASTAL TRAIL

This walking, jogging, biking, rollerblading trail starts in downtown Anchor-age and stretches 11 miles along the inlet shores through Earthquake Park to Kincaid Park. On a clear day, you may be able to catch a stunning glimpse of Mt. McKinley.

#### DOWNTOWN SATURDAY MARKET

Open each Saturday after Memorial Day until Labor Day, this open market gathers fresh produce, local arts and crafts, food and entertainment. Held on the corner of 3rd Avenue and E Street.

### ANCHORAGE MUSEUM OF HISTORY AND ART

A permanent collection depicts years of Alaskan history and also features art of the north from travelers, explorers and Native artists. Located at 121 W. 7th Avenue.

### **DELANEY PARK STRIP**

Expanding over 15 blocks of downtown Anchorage is what is simply called the "Park Strip". You will find softball games and dogs playing fetch here during the summer. In the winter you can see snowshoe softball and dog mushing. Found between 9th and 10th Avenues.

### TOWN SQUARE MUNICIPAL PARK

More than 13,000 granite bricks make up its walkways, each with a special message or the name of its contributor. Off of 5th Avenue, before F Street, Town Square is the center of many events and celebrations throughout the year.

#### ALASKA ZOO

You'll spot all kinds of Alaska wildlife at the zoo. Bear, moose, musk ox, seals and fox are among the zoo's many residents. They aren't open all the time, so call 346-3242 for more information.

### PORTAGE GLACIER

Located 40 miles south of Girdwood off the Seward Highway, see a glacier up close and personal. In the winter you can walk up to it and touch this massive piece of ice and in the summer you can take a cruise up to it. It is about an hour outside of town, so plan ahead!

### ALYESKA SKI RESORT

Located in a small town south of Anchorage called Girdwood, sits this Olym-pic-quality resort. Tram rides up to Mt. Alyeska are also featured for a spectacular view of the valley and Turnagain Arm.

### ALASKA STATE FAIRGROUNDS

The two weeks before Labor Day are some of the most exciting times found out at Palmer, Alaska. A forty-five minute drive north on the Glenn Highway, will get you to the biggest event that brings the whole Alaskan community together. Entertainment, carnival rides, fair food, gifts, arts and crafts are only a few of the things found at the fair. Different events held throughout the year.

### ANCHORAGE NIGHTLIFE

Alaskan winter nights are long and Alaskan summer nights are pleasantly short. Check out the Anchorage nightlife at some of these hot spots: Chilkoot Charlie's, The Peanut Farm, and Humpy's Great Alaskan Alehouse.

### More on JBER LIFE

Information about installation events, programs, and facilities can be found at JBERLife.com, in the monthly JBER Life! magazine, and on social media at JBER Life!

# Radio

### <u>Stations</u>

<u>Adult Con<sup>.</sup></u>	<u>temporary</u>
KYMG	98.9 FM
KMXS	103.1 FM
<u>Chris</u>	<u>stian</u>
Katb	89.3 FM
Kjha	88.7 FM
<b>Kaf</b> C	<b>93.7 FM</b>
<u>Class</u>	<u>sical</u>
KLEF	98.1 FM
<u>Cour</u>	<u>try</u>
KBRJ	104.1 FM
KASH	107.5 FM
<b>KXLW</b>	<b>96.3 FM</b>
<u>Ne</u>	ews
KBYR	700 AM
KENI	650 AM
KFQD	750 AM
KSKA	91.1 FM
OI	<u>dies</u>
KEAG	97.3 FM
KBFX	100.5 FM
<b>KBBO</b>	<b>92.1</b> FM
Po	p <u>ular</u>
KNDD	107.7 FM
KFAT	92.9 FM
KGOT	101.3 FM
KWHL	106.5 FM

## Transportation

Commercial	Taxis
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Alaska Yellow Cab	222-2222
City Taxi	744-9604
Independent Taxi	550-5000

It is the responsibility of the travelers to ensure that whichever company they choose to use, that the dispatched vehicle and driver have base access. This includes companies not listed.

### **Rental Cars**

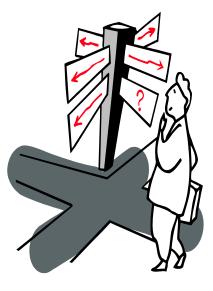
Enterprise	907-277-1600
Alaskan Car Rental.	907-339-2000
Avis	907-277-4567
Budget	907-243-0150
Alamo	844-914-1558
Midnight Sun car &	Van907-243-8806
Alaska Express	907-563-7368
National	844-914-1557

#### **People Mover**

This is the Anchorage public transportation. Their buses do not come on base, but they do pick up right outside the Boniface Gate and the Government Hill gate. Please call 343-6543 for schedules .

## MAPS OF INTEREST

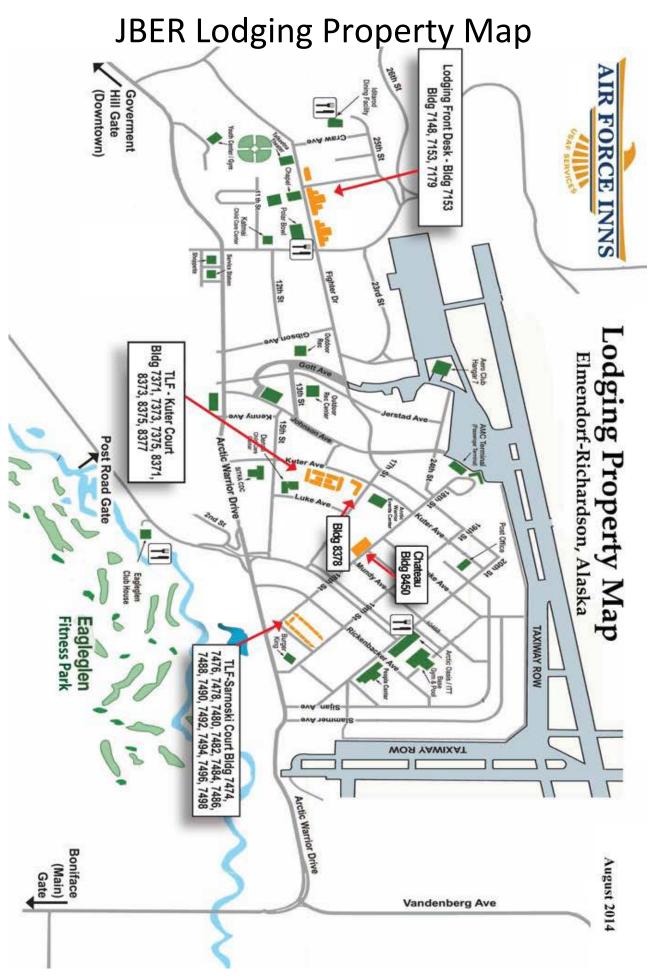
JBER Lodging is an extensive network of facilities that expand over a large part of the installation. North Star Inn is one of the largest Air Force Inns facilities in the Air Force. We have included these maps to help you find your way around not only our facilities, but the JBER and Anchorage communities as well.

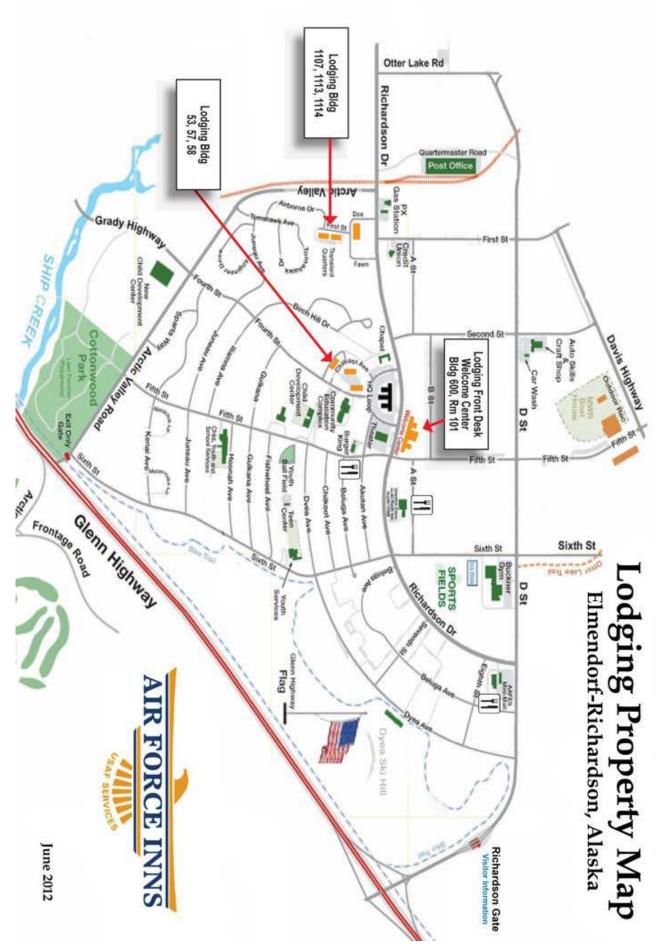


### ~JBER Lodging Property Map~

### ~Base Jogging Map~

~Anchorage Area Map~



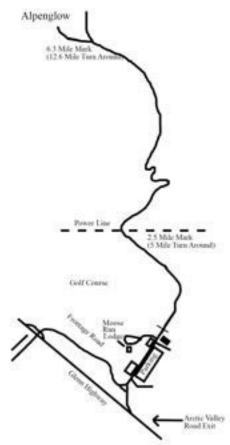


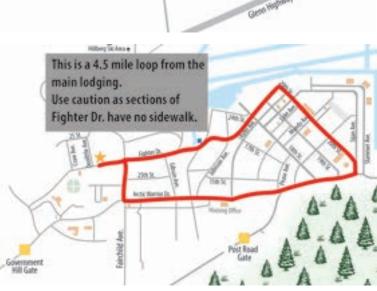
## **Base Jogging Maps**



Arctic Valley Run - Race Route 5 miles (800 vertical feet) or 12.6 miles (12,500 vertical feet) This is the second oldest foot race in the state of

Alaska! Held every summer and hosted by Buckner Fitness Center.

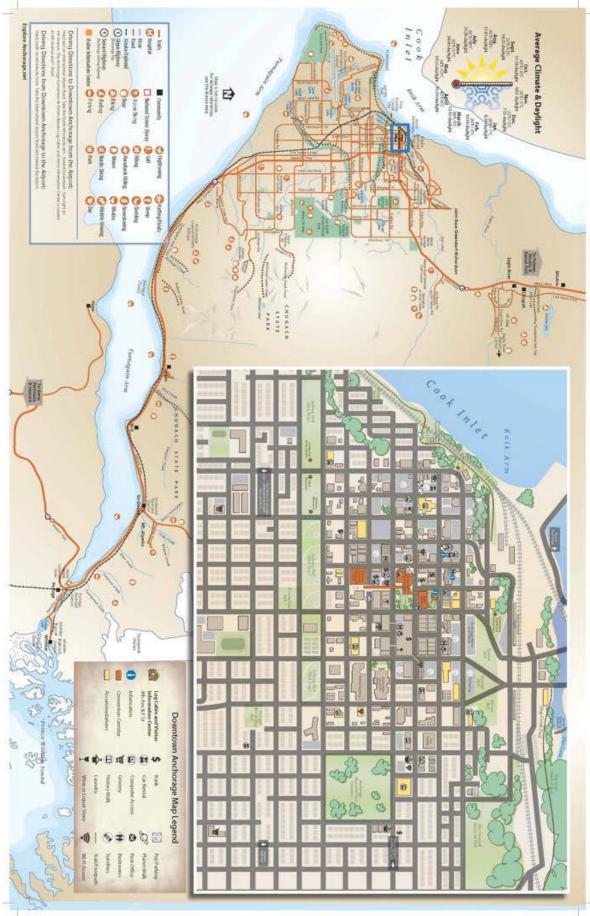




Always be aware of your surroundings and keep an eye out for wildlife while exercising and exploring in Alaska, even on the installation. Do not wear headphones while exercising outdoors, and be sure to wear bright and reflective clothing. It is always wise to carry bear spray and/or wear an animal bell. If possible, run with others and maintain conversation. Moose with young calves and males during rutting season are extremely aggressive; be aware of the season and maintain your distance.

Learn more about bear safety at the Outdoor Adventure Program free class, Bearwareness. Call 552.2023 or visit JBERLife.com/OAP for more information.

### Anchorage Area Map



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